I had the privilege of spending the last two months competing on home turf at Spruce Meadows for the CSI5* 'National,' 'Continental,' 'Pan American,' and 'North American' tournaments. It's incredible that we have four weeks of top international competition right here in our own backyards, and Spruce Meadows is to be commended for continuing to raise the bar year after year.

As some of you may have seen on my Facebook page, following my time at Spruce – and some difficult decisions – we have decided to stay in Canada for the remainder of the summer, rather than travel back to compete in Europe. While I am disappointed that I will not be competing alongside the Torrey Pines team for the rest of the summer, I wish everyone the best of luck, and owe a huge thank you to Eric Lamaze and Yann Candele for all of their support and the opportunities provided to me.

With that decision made, 'Team Lizzie' will instead head to Thunderbird Show Park in Langley, BC, for the CSI3* Summer Fort Classic running August 15-20 followed by the CSI3* Summer Fort Festival from August 22-27. From there, we'll head back to Spruce Meadows for the CSIO5* 'Masters' tournament, which kicks off on September 6.

get settled into our new house, as well as spending time with my family. I'll also be able to work with a physiotherapist on a regular basis to improve the condition of my back, which is a top priority when competing at the top level of the sport.

I'm looking forward to using this time at home to

I hope to see many of you this summer, right here in Canada!

Lizzie Gingras

SPRUCE MEADOWS PHOTO GALLERY



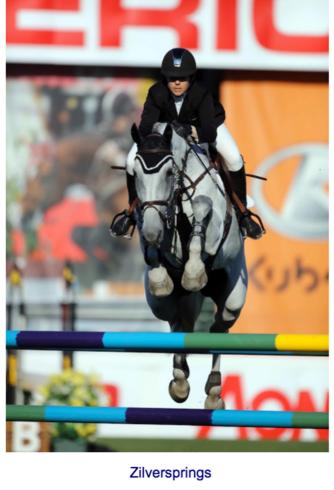
Photo by <u>Jump Media</u>



ROLEX

ROLEX





IN THE NEWS

The sport is full of ups and downs, and I had the privilege of sharing my story of both in this 'Player's Own Voice' voice story with CBC!:



OUR SPONSORS











SHOW SCHEDULE

Classic
- August 15-20
Thunderbird Show Park,
Langley, BC

CSI3* Summer Fort

CSI3* Summer Fort

27
Thunderbird Show Park,
Langley, BC
CSIO5* Spruce

Meadows 'Masters'

Festival - August 22-

- September 6-10 Spruce Meadows, Calgary, AB

Photo by Cansport